Let $u$ and $v$ be vectors in the plane. The following inequality is known as the "triangle inequality,"

$$
\|u+v\| \leq\|u\|+\|v\|
$$

1. Why is this name appropriate? Draw a picture which suggests that the inequality is true, and state what it means in plain English.
2. Use the geometric definition of the dot product to prove the following inequality:

$$
|u \cdot v| \leq\|u\| \cdot\|v\|
$$

This is known as the "Cauchy-Schwarz" inequality.
3. Use the Cauchy-Schwarz inequality to prove the triangle inequality. (Hint: prove the corresponding inequality for the square of both sides.)

